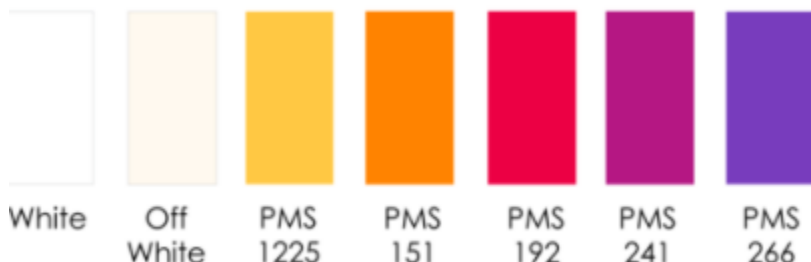


# Phoenix Modern Quilt Guild

## QuiltCon 2018 Charity Quilt Challenge

[Click here to see the official QuiltCon post about the 2018 Challenge](#)



### Coordinating Solids

FreeSpirIt Designer Solids	Michael Miller Cotton Couture Solids	Moda Bella Solids	ColorWorks by Northcott Fabrics	Painter's Palette Solids by Paintbrush Studio	Robert Kaufman Kona Solids
<ul style="list-style-type: none"> <li>• Arctic White</li> <li>• Cream</li> <li>• Goldfish</li> <li>• Mango</li> <li>• Flamingo</li> <li>• Petunia</li> <li>• Splash</li> </ul>	<ul style="list-style-type: none"> <li>• Bright White</li> <li>• Vanilla</li> <li>• Marigold</li> <li>• Apricot</li> <li>• Watermelon</li> <li>• Jewel</li> <li>• Jam</li> </ul>	<ul style="list-style-type: none"> <li>• Off White</li> <li>• Eggshell</li> <li>• Geranium</li> <li>• Amelia Orange</li> <li>• Berrylicious</li> <li>• Amelia Purple</li> <li>• Sunflower</li> </ul>	<ul style="list-style-type: none"> <li>• 9000-10 Snow</li> <li>• 9000-11 Eggshell</li> <li>• 9000-540 Canary</li> <li>• 9000-59 Pumpkin</li> <li>• 9000-242 Candy</li> <li>• Apple</li> <li>• 9000-83 Violet</li> </ul>	<ul style="list-style-type: none"> <li>• White</li> <li>• Rice paper</li> <li>• Daisy</li> <li>• Tangerine</li> <li>• Tomato</li> <li>• Fuchsia</li> <li>• Purple</li> </ul>	<ul style="list-style-type: none"> <li>• White</li> <li>• PFD Bleach White</li> <li>• Grelow</li> <li>• Red</li> <li>• School Bus</li> <li>• Valentine</li> <li>• Regal</li> </ul>

Blocks may be made as 9", 12", 15", or 18"

Just a few guidelines as far as colors used:

- 1) Please use bright white (the lightest of the whites listed for your chosen fabric line) as your background color. This will allow for a more cohesive design once the quilt is pieced.
- 2) You may use as many or as few of the colors listed in the color palette described on the MQG website, however in order to maintain the integrity of the original design please make sure that within each block that the Flying Geese units match each other in color, and the Goose Track units match each other in color.

Examples of colors to be used: Kona White, Grelow, Red, School Bus, Valentine and Regal.

3) Prints may be used. According to the MQG website, "When choosing prints, it is best to look for prints that are monochromatic or even tone on tone prints rather than those that include other colors since those colors may not be part of this color palette."

**NOTE:**

a) Cutting instructions are given for making one flying goose unit at a time. If you would prefer to use the "four at a time" method please see the cutting and assembly instructions on following sheet.

b) Cutting instructions for HST units are intended to yield the final size needed for block assembly. If you typically make your HSTs oversize and cut down to size using a BlocLoc® or similar ruler, feel free to do so.

c) All blocks are sewn using a 1/4" seam **and must have 1/4" allowance left on the outside to be joined together. When in doubt, leave extra to be trimmed!**

<p><b><u>Cutting instructions 9" block:</u></b></p> <p><b><u>Background fabric</u></b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> 6 squares 3 1/2" (4 of these will be used to make your flying geese units)</li><li><input type="checkbox"/> 2 squares 2"</li><li><input type="checkbox"/> 2 squares 2 3/8"</li></ul> <p><b><u>Color fabrics</u></b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> 1 square 3 1/2" for center of block</li><li><input type="checkbox"/> 2 rectangles 6 1/2" X 3 1/2" (for flying geese units)</li><li><input type="checkbox"/> 2 squares 2" (for goose track unit)</li><li><input type="checkbox"/> 2 squares 2 3/8" (for goose track unit)</li></ul>	<p><b><u>Assembly 9" block:</u></b></p> <ol style="list-style-type: none"><li>1) Following instructions on attached sheet, make <u>2</u> flying geese units.</li><li>2) Using the 2 background and 2 color 2 3/8" squares, make 4 HST units. (These should measure 2" unfinished)</li><li>3) Goose Track block is assembled as a 4 patch using HST units from step 2 and 1 background and 1 color 2" square.</li><li>4) See photo for unit placement to finish assembling block.</li></ol> <p>Completed block should measure 9 1/2" unfinished</p>
<p><b><u>Cutting instructions 12" block:</u></b></p> <p><b><u>Background fabric</u></b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> 6 squares 4 1/2" (4 of these will be used to make your flying geese units)</li><li><input type="checkbox"/> 2 squares 2 1/2"</li><li><input type="checkbox"/> 2 squares 2 7/8"</li></ul> <p><b><u>Color fabrics</u></b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> 1 square 4 1/2" for center of block</li><li><input type="checkbox"/> 2 rectangles 8 1/2" X 4 1/2" (for flying geese units)</li><li><input type="checkbox"/> 2 squares 2 1/2" (for goose track unit)</li><li><input type="checkbox"/> 2 squares 2 7/8" (for goose track unit)</li></ul>	<p><b><u>Assembly 12" block:</u></b></p> <ol style="list-style-type: none"><li>1) Following instructions on attached sheet, make <u>2</u> flying geese units.</li><li>2) Using the 2 background and 2 color 2 7/8" squares, make 4 HST units. (These should measure 2 1/2" unfinished)</li><li>3) Goose Track block is assembled as a 4 patch using HST units from step 2 and 1 background and 1 color 2 1/2" square.</li><li>4) See photo for unit placement to finish assembling block.</li></ol> <p>Completed block should measure 12 1/2" unfinished</p>
<p><b><u>Cutting instructions 15" block:</u></b></p> <p><b><u>Background fabric</u></b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> 6 squares 5 1/2" (4 of these will be used to make your flying geese units)</li><li><input type="checkbox"/> 2 squares 3"</li><li><input type="checkbox"/> 2 squares 3 3/8"</li></ul>	<p><b><u>Assembly 15" block:</u></b></p> <ol style="list-style-type: none"><li>1) Following instructions on attached sheet, make <u>2</u> flying geese units.</li><li>2) Using the 2 background and 2 color 3 3/8" squares, make 4 HST units. (These should</li></ol>

**Color fabrics**

- 1 square 5 1/2" for center of block
- 2 rectangles 10 1/2" X 5 1/2" (for flying geese units)
- 2 squares 3" (for goose track unit)
- 2 squares 3 3/8" (for goose track unit)

measure 3" unfinished)

3) Goose Track block is assembled as a 4 patch using HST units from step 2 and 1 background and 1 color 3" square.

4) See photo for unit placement to finish assembling block.

Completed block should measure 15 1/2" unfinished

**Cutting instructions 18" block:**

**Background fabric**

6 squares 6 1/2" (4 of these will be used to make your flying geese units)

2 squares 3 1/2"

2 squares 3 7/8"

**Color fabrics**

1 square 6 1/2" for center of block

2 rectangles 12 1/2" X 6 1/2" (for flying geese units)

2 squares 3 1/2" (for goose track unit)

2 squares 3 7/8" (for goose track unit)

**Assembly 18" block:**

1) Following instructions on attached sheet, make 2 flying geese units.

2) Using the 2 background and 2 color 3 7/8" squares, make 4 HST units. (These should measure 3 1/2" unfinished)

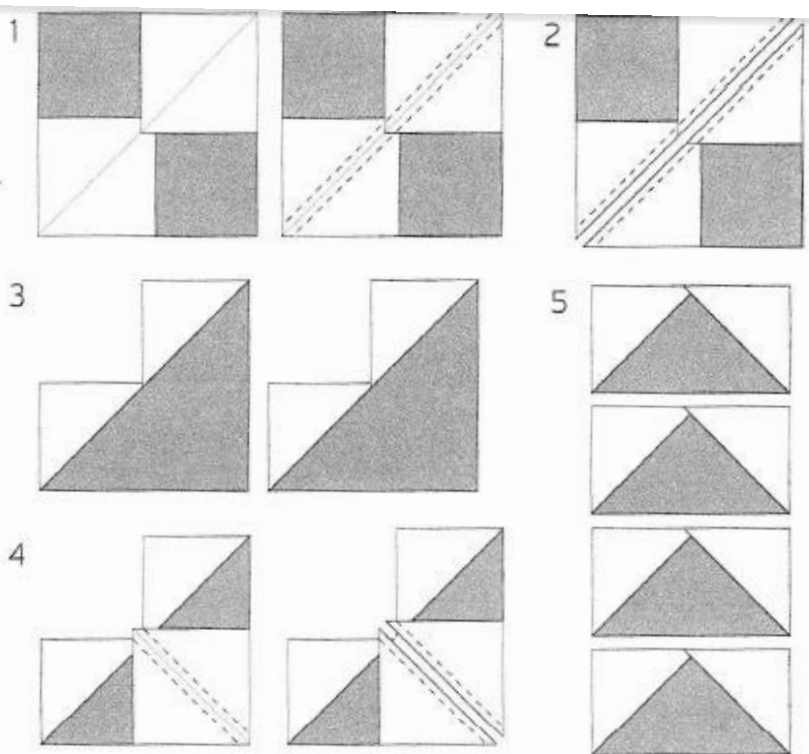
3) Goose Track block is assembled as a 4 patch using HST units from step 2 and 1 background and 1 color 3 1/2" square.

4) See photo for unit placement to finish assembling block.

Completed block should measure 18 1/2" unfinished

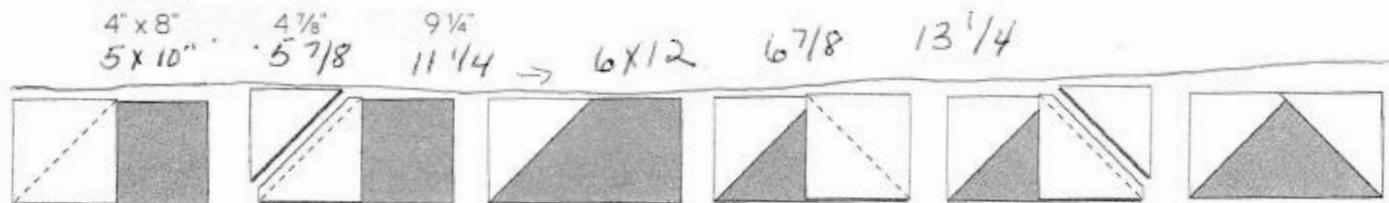
### Flying Geese: Four at a Time (No Waste)

1. Cut one large square and two small squares according to the table below. With right sides together, position the small squares on the large square. Draw a line down the center from one corner of the top small square to one corner of the bottom small square. Pin.
2. Sew a  $\frac{1}{4}$ " from each side of the line. Cut on the center line.
3. Press open. You have two units.
4. With right sides together, place another small white square on the bottom right corner of the large triangle. Draw a line corner to corner on the small square. Pin. Stitch a  $\frac{1}{4}$ " seam on each side of the line.



5. Cut the unit in half on the drawn line and press open.
6. Repeat step 4 for the remaining piece.

Finished unit size	<sup>4</sup> small squares	Large square
1" x 2"	1 $\frac{1}{8}$ "	3 $\frac{1}{4}$ "
1 $\frac{1}{2}$ " x 3"	2 $\frac{3}{8}$ "	4 $\frac{1}{4}$ "
2" x 4"	2 $\frac{7}{8}$ "	5 $\frac{1}{4}$ "
2 $\frac{1}{2}$ " x 5"	3 $\frac{3}{8}$ "	6 $\frac{1}{4}$ "
3" x 6"	3 $\frac{7}{8}$ "	7 $\frac{1}{4}$ "
3 $\frac{1}{2}$ " x 7"	4 $\frac{3}{8}$ "	8 $\frac{1}{4}$ "
4" x 8"	4 $\frac{7}{8}$ "	9 $\frac{1}{4}$ "
5" x 10"	5 $\frac{7}{8}$ "	11 $\frac{1}{4}$ "



### Flying Geese: Rectangle and Two Squares Method

- Use this method when piecing only a few flying geese.
1. Take one rectangle and two squares (see measurement table at right).
  2. Place a small square atop the left corner of the rectangle, right sides together.
  3. On the back of the small square, draw a diagonal line. Sew on this diagonal line.
  4. Trim off the excess seam allowance, and press the remainder towards the outer triangle.
  5. Repeat with another square on the opposite end.

Finished Unit Size	Rectangle Size	Square Size <i>cut 2</i>
1" x 2"	1 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ "	1 $\frac{1}{2}$ "
1 $\frac{1}{2}$ " x 3"	2" x 3 $\frac{1}{2}$ "	2"
2" x 4"	2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ "	2 $\frac{1}{2}$ "
2 $\frac{1}{2}$ " x 5"	3" x 5 $\frac{1}{2}$ "	3"
3" x 6"	3 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ "	3 $\frac{1}{2}$ "
3 $\frac{1}{2}$ " x 7"	4" x 7 $\frac{1}{2}$ "	4"
4" x 8"	4 $\frac{1}{2}$ " x 8 $\frac{1}{2}$ "	4 $\frac{1}{2}$ "
5" x 10"	5 $\frac{1}{2}$ " x 10 $\frac{1}{2}$ "	5 $\frac{1}{2}$ "
6" x 12"	6 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ "	6 $\frac{1}{2}$ "

Tip: To avoid wasting fabric, sew the discarded corners snippets into pairs, and you will have tiny half squares to use in another project.